

## Activity Ideas Newsletter Week 3 October 2021

Welcome to our 3rd Edition of our Sandybeach Activity Ideas Newsletter.

We are thinking of you all and hope you are all doing O.K. The weather has been temperamental with beautiful sunshine and pouring rain. Not to mention an earthquake thrown in for good measure! These school holidays has certainly been eventful and record breaking.

Longest lockdown in the world. Biggest earthquake,

And Melbourne F.C. winning the Grand Final.

Here are photos of some of the families participating in our footy week during the school holidays.







### **CHALLENGE YOURSELF**

What a great activity to get in the kitchen and create some wild and native animals to munch on for Breakfast, Lunch or Dessert!

Here are some ideas for an "UNDER THE SEA" cooking theme.





Click on the link to the latest Melbourne Zoo Magazine Spring Edition "Zooper Kids"

Inside you will find amazing facts and fun activities to explore with your children.

On the Zooper Kitchen page 8, there are some simple cooking ideas that you can make together.

Click here: Cooking ideas

You can also look through all the other editions available on line.



### **GET MOVING**

One of the activities at group time at Sandybeach is the DICE GAME. Developing numeracy skills early gives children a foundation for their learning and development. It prepares them for daily life, including general problem solving and handling money.

Maths includes noticing numbers, shapes, patterns, size, time and measurement. Incorporating maths into everyday experiences is easy and fun. Maths is everywhere – in the playground, at the shops and at home.

Children need lots of experiences in making, counting, drawing and talking about numbers. The dice activity will help your child to develop some of these skills. E.g. number recognition and counting

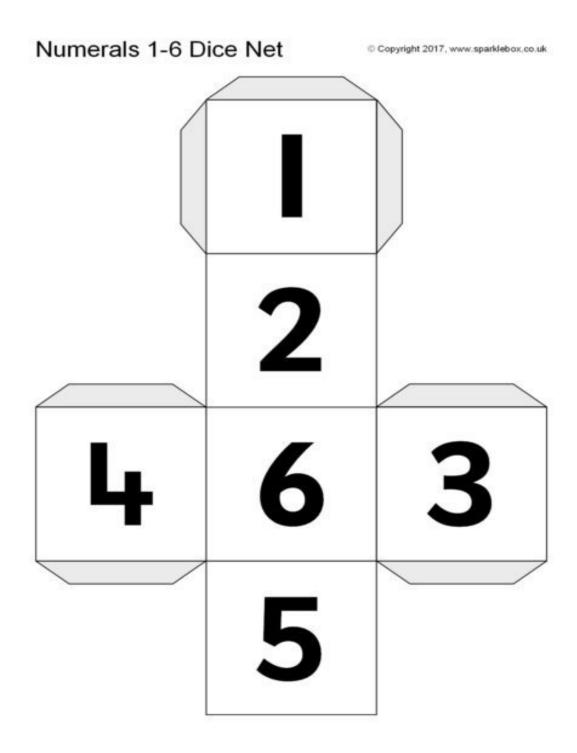
On the next page we have included a template of a dice.

By throwing the dice we encourage the children to identify the number. Then have your child choose an action. Could be jumping, hopping, spinning, kicking....

We then count along with the children to the action they choose and the number they rolled.

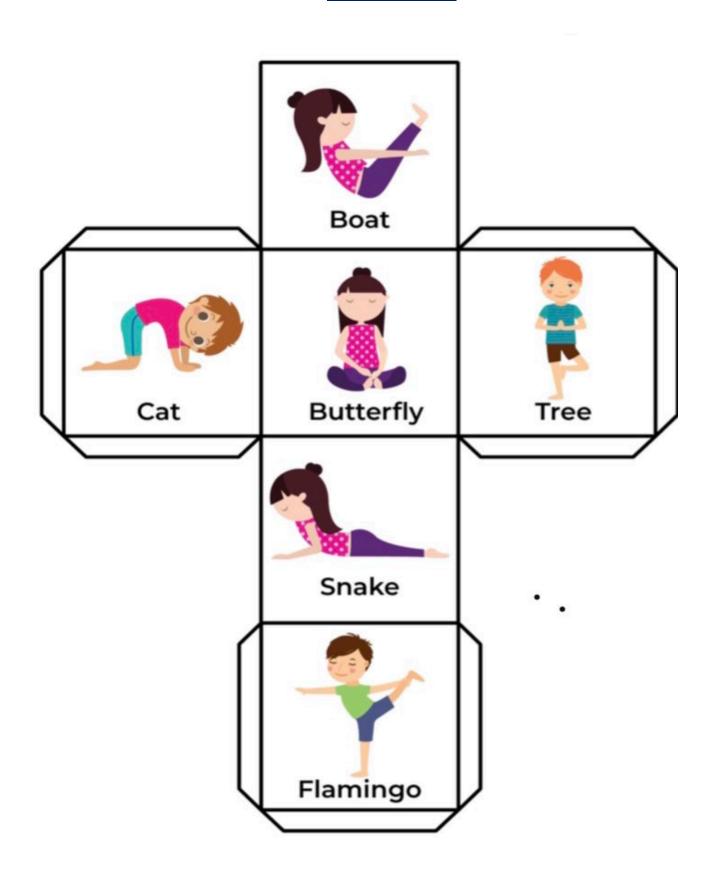
This gets our body moving for the morning!







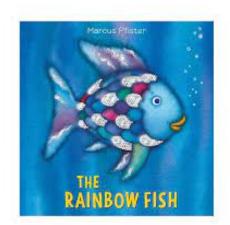
### **WELLBEING**





### **STORY TIME**

Please click on the links to listen to our favourite stories



The Rainbow Fish

**Book by Marcus Pfister** 

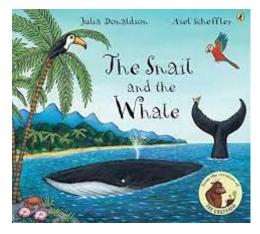
The Rainbow Fish is a classic story that embodies the simple, yet universal message: **sharing makes us happy**. ... His choice not to share soon makes Rainbow Fish a lonely fish. He discovers, in the end, that in sharing his scales, not only does he bring a smile to others, but he feels happy as well.



#### **Mr Sea Horse**

**Book by Eric Carle** 

When Mrs. Seahorse lays her eggs, she does it on Mr. Seahorse's belly! She knows he will take good care of them. While he swims waiting for the eggs to hatch, he meets other underwater fathers caring for their babies.



#### The Snail and the Whale

Book by Julie Donaldson illustrated by Axel Scheffler

One little snail longs to see the world and hitches a lift on the tail of an enormous whale. Together they go on an amazing journey, past icebergs and volcanoes, sharks and penguins, and the little snail feels so small in the vastness of the world.